



# **CRESTPOINT 2017 SUMMER CAMPS**



## ***VOLLEYBALL CAMP***

**DATES:** 7/17 - 7/21

**TIME:** 9:00 AM - 11:00 AM

**AGES:** 8 - 16 YEARS OLD

**LOCATION:** CISD ADMINISTRATION GYM

**PRICE:** \$120

This all-skills volleyball camp will ignite and excite students about the fun competition of volleyball. Players develop fundamental skills including serving, passing, setting, and hitting. Skill based drills, as well as 3 vs 3 and 6 vs 6 wave competition drills, will be used to apply these skills at a fun pace. Players can demonstrate all these skills in game situations during scrimmage style games at camp.

## ***LACROSSE CAMP***

**DATES:** 7/31 - 8/4

**TIME:** 9:00 AM - 11:00 AM

**AGES:** 8 - 16 YEARS OLD

**LOCATION:** NORTH PARK

**PRICE:** \$150



Interested in learning the game of lacrosse? This camp is perfect for beginner and intermediate players looking to learn all the fundamentals of stick handling, cradling, passing, and shooting, all in a fun and friendly environment. Our staff of current and former players will ensure that campers not only learn the sport of lacrosse, but also important life skills such as respect, teamwork, and discipline. Every athlete will come away with a deep understanding of the game and its traditions.

**Register or contact us at 817-748-8019 or [www.SouthlakeParksandRec.com](http://www.SouthlakeParksandRec.com)**